



KOLINPHARMA®

LEADER TO HEALTH



MILEDIX®

WARNING LABEL

In women of childbearing potential, the pelvic pain, usually concurrent to the menstrual cycle, and the alterations of mood area, are the most common disorders during the menstrual cycle.

PRODUCT NAME

Miledix®

FORMAT AND PACKAGE

Granules in sachet, pack size of 14 sachets. The Miledix® packaging is a patented sealing system "TAMPER EVIDENT", which ensure the pack integrity. Consult our web-site for more information.

USE INDICATIONS

Miledix® is a food supplement composed by magnesium, L-tryptophan (serotonin precursor), titled and standardized dry extracts of Polygonum cuspidatum and Crocus sativus (saffron).

- » Magnesium contributes to the psychological and muscular normal function
- » Saffron contributes to the mood and it combats the menstrual disorders
- » The Polygonum cuspidatum contributes to the menstrual cycle regularity.

COMPOSITION

A sachet of Miledix® contains: magnesium (from magnesium bisglycinate) (225 mg) (VNR% 60), L-tryptophan (150 mg), dry extract of Crocus sativus (saffron) Affron® (30 mg), resveratrol (from Polygonum cuspidatum) (30 mg).

COMPONENTS

» **MAGNESIUM CHELATED BISGLYCINATE**
The magnesium is an essential mineral for human feeding and it has many functions for our organism, acting in more than 300 metabolic processes. It contributes to the muscular normal function, being part of muscle contraction, and to the psychological normal function. The magnesium has a physiologic, muscle-relaxant and soothing action. Its lack, also linked to the stress,

frequently determines muscular tension and cramps, with muscle pain (myalgia). For this reason, it is important maintaining correct levels of magnesium in our organism. The chelation applied to the magnesium favors its absorption.

» L-TRIPTOPHAN

It is an essential amino acid, which is assumed by the diet. It is precursor of the neurotransmitter serotonin and melatonin, for which are attributed positive effects on the mood and the sleeping quality.

» POLYGONUM CUSPIDATUM

The Polygonum cuspidatum is a perennial herbaceous plant, belonging to Polygonum genre, which was born in Asia, but currently also in Europe. The main active component in the Polygonum cuspidatum is the resveratrol (3,5,4'-triidrossi-trans-stilbene), a phenol but no a flavonoid, naturally produced by many plant species, such as grapes, in defend of pathogen agents such as bacteria and fungi. The resveratrol is supported by many scientific studies which confirm its antioxidant and anti-inflammatories properties. Moreover, the Polygonum cuspidatum contributes to the menstrual cycle regularity.

» AFFRON® CROCUS SATIVUS DRY EXTRACT (SAFFRON)

The Crocus sativus, commonly called saffron, is a little perennial plant, belonging to the Iridaceas family. The saffron stigma contains many bioactive components, including alpha-crocin, crocin, picrocrocin and safranal, responsible for organoleptic properties of the plant (color and smell), but also of documented biologic properties. The beneficial use of the saffron for the wellness of the cognition is typical in traditional medicine, but it is also documented by many clinical studies. The saffron contributes on the mood and it combats the menstrual disorders.

USE CONDITIONS

It is advisable the assumption of 1 or 2 sachets per day Miledix®, melting them in a glass of still water (about 150 ml) at ambient temperature.

WARNINGS

Miledix® must be stored at ambient temperature (between 8° e 25°) in a fresh and dry place.

The expiry date is linked to the product correctly stored, in unopened package. Keep out of reach of children under 3 years old. Must not be exceeded the advised daily dose. The food supplements are not substitutes of a balanced and varied diet and a healthy lifestyle. The potential chromatic variation of the product is to be considered a natural phenomenon, because of the presence of a high quantity of plant extracts.

INFORMATION IN CASE OF FOOD INTOLERANCE AND/OR ALLERGIES

Miledix®:

- » Has no gluten, and it can be taken by coeliac
 - » Has no sodium, and it can be taken by hypertensive
 - » Has no lactose and dairy products
 - » Can be taken by vegetarian and vegan
- Do not use Miledix® in case of known hypersensitivity to its components.

CERTIFICAZIONI

» KOSHER

This validation gives to Miledix® the validity to be consumed by Jewish people, according to their religion food regulations and it is expression of the highest qualitative standards about substances used during industrial processes.

» HALAL

This validation certifies that Miledix® complies with Islamic doctrine, according to Sharia regulations. It is a validation based on the quality of chain and product substances.

» MILK FREE

This validation guarantees that Miledix® is a product with the complete lack of milk and it is indicated for lactose-intolerant.

» UIC

All Miledix® fonts in graphic image – Braille – have been checked through the “Unione Italiana Ciechi” (Blind Italian Confederation) verification, which certified the texts correctness and quality.

» ECCELLENZA DI CASA SAVOIA

This validation guarantees that Miledix® is a product is a result of a research of substances, industrial materials and processes, qualified suppliers present on the territory.

» DOPING FREE

This validation certifies that Miledix® does not use substances and/or ingredients present in Wada list (consult the banned substances list). The company, through a constant promotion of ethical values, wants to guarantee to clients and consumers, a permanent fight against doping substances.

NOTA

The information included in the Miledix® leaflet can't and don't replace your doctor's advice, but these want to represent an orientation and consultation tool for a proper use of new modern food supplements in different conditions of use.

Affron® is a trademark
of Pharmactive Biotech Products, SL



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ISO 9001
(Cert.n. IT261838)



ISO 22000
(Cert.n. IT262184)



Patent Pending;
Product included in the register
of food supplement of the Ministry
of health, cod. 110955



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